



‘समानो मन्त्रः समितिः समानी’

UNIVERSITY OF NORTH BENGAL

B.A. Honours 1st Semester Examination, 2023

GE1-P1-PSYCHOLOGY

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The question paper contains GE-1(A) and GE-1(B).
Candidates are required to answer any *one* from the *two* papers and
they should mention it clearly on the Answer Book.

GE-1(A)

GENERAL PSYCHOLOGY

GROUP-A

Answer any *two* from the following

12×2 = 24

- | | | |
|----|---|----|
| 1. | Elaborate on the humanistic approach of psychology. | 12 |
| 2. | Examine Gardner's multiple theory of intelligence. | 12 |
| 3. | Write a note on Health Psychology. | 12 |
| 4. | Discuss the different types of emotion. | 12 |

GROUP-B

Answer any *four* from the following

6×4 = 24

- | | | |
|-----|--|-------|
| 5. | Elaborate on Gordon Allport's trait theory. | 6 |
| 6. | Why do you think does the society lack a basic understanding of mental disorder? | 6 |
| 7. | Explain cognitive processes. | 6 |
| 8. | Discuss id, ego and superego. | 2+2+2 |
| 9. | Examine the importance of psychology in the workplace. | 6 |
| 10. | Elucidate on the reliability and validity of the test. | 3+3 |

GROUP-C

Answer any *four* of the following

3×4 = 12

- | | | |
|-----|--|---|
| 11. | Distinguish between physiological needs and safety needs. | 3 |
| 12. | Define psychology. | 3 |
| 13. | What do you understand by the term mental health? | 3 |
| 14. | Mention the steps of Q-SORT. | 3 |
| 15. | Write a note on Trust vs. Mistrust and Autonomy vs. Shame. | 3 |
| 16. | What is conative process? | 3 |

OR

GE-1(B)

EDUCATIONAL PSYCHOLOGY

GROUP-A

Answer any *two* from the following

12×2 = 24

- | | | |
|----|---|----|
| 1. | What is educational psychology? Describe its role in the classroom. | 12 |
| 2. | Briefly discuss various objectives for learning. | 12 |
| 3. | Discuss the characteristics of an effective teacher. | 12 |
| 4. | Discuss teacher expectation and students performance. | 12 |

GROUP-B

Answer any *four* from the following

6×4 = 24

- | | | |
|-----|---|---|
| 5. | What type of motivation would a teacher have the most difficult time influencing in the classroom? Justify. | 6 |
| 6. | Explain the type of motivation which is characterized by being interested in a task because that activity is enjoyable. | 6 |
| 7. | Examine the scope of education. | 6 |
| 8. | Elaborate on social learning. | 6 |
| 9. | How do teachers guide students in problem solving? | 6 |
| 10. | Discuss the role of a teacher in fostering creativity among children. | 6 |

GROUP-C

Answer any *four* from the following

3×4 = 12

- | | | |
|-----|---|---|
| 11. | Emphasize the importance of educational psychology. | 3 |
| 12. | How can teachers make a difference? | 3 |
| 13. | What is good teaching? | 3 |
| 14. | State the characteristics of an expert teacher. | 3 |
| 15. | What are the concerns of a teacher? | 3 |
| 16. | Write a note on special education. | 3 |

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‘সমানো মন্ত্র: সমিতি: সমানী’

UNIVERSITY OF NORTH BENGAL

B.A. Major 1st Semester Examination, 2023

UPSYMAJ11001-PSYCHOLOGY

INTRODUCTION TO PSYCHOLOGY

Time Allotted: 2 Hours

Full Marks: 40

*The figures in the margin indicate full marks.
Candidates are required to answer in their own words as practicable.*

GROUP-A

Answer any two from the following

10×2 = 20

1. Trace the early schools of psychology and briefly discuss the major branches of psychology. 5+5
2. Define perception. Discuss the various principles of perceptual organization. 2+8
3. Discuss the principles and schedules of reinforcement of operant conditioning. 10
4. Define motivation. Explain any two major theories of motivation. 2+4+4

GROUP-B

Answer any three from the following

5×3 = 15

5. Write a note on nature of psychology. 5
6. Explain Broadbent's filter model of attention. 5
7. Discuss the information processing theory of memory. 5
8. Differentiate between James Lange and Cannon Bard's theory of emotion. 5
9. Briefly discuss the theory of the levels of processing. 5

GROUP-C

Write short notes on any five from the following

1×5 = 5

10. Nature of perception 1
11. Observational learning 1
12. Trial and error learning 1
13. Types of attention 1
14. Operant conditioning 1
15. Skills of a psychologist 1
16. Memory 1
17. Illusion. 1

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UNIVERSITY OF NORTH BENGAL

B.A. Minor 1st Semester Examination, 2023

UPSYMIN10001-PSYCHOLOGY

GENERAL PSYCHOLOGY

Time Allotted: 2 Hours 30 Minutes

Full Marks: 60

The figures in the margin indicate full marks.

Candidates are required to answer in their own words as practicable.

GROUP-A

Answer any two questions from the following

12×2=24

1. Define Psychology. Write down the applications of psychology in the field of Work and Education. 2+10
2. Explain in detail the theory of Self-Actualisation. 12
3. Explain in detail the Eysenck's Theory of Personality. 12
4. What is Intelligence? Explain in detail the theory of Multiple Intelligence by Harvard Gardner. 2+10

GROUP-B

Answer any four questions from the following

6×4=24

5. Explain operant conditioning with B.F. Skinner's famous rat experiment. 6
6. Outline the applications of Psychology in the field of Health and Environment. 6
7. What is Emotional Intelligence? How can an individual improve their EQ? 2+4
8. Briefly explain Two-factor Theory of Intelligence. 6
9. Discuss Kohlberg's theory of Moral Development. 6
10. Describe the nature of psychology. 6

GROUP-C

Answer any four questions from the following

3×4=12

11. Differentiate between Ectomorphic and Endomorphic type of personality. 3
12. What is problem solving behaviour? Write about one method of problem-solving. 1+2
13. What do you mean by decay theory of forgetting? 3
14. Differentiate between Id and Ego. 3
15. Write about conditioning with suitable example. 3
16. Differentiate between IQ and EQ. 3

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UNIVERSITY OF NORTH BENGAL

B.A. Sec 1st Semester Examination, 2023

UPSYSEC11001-PSYCHOLOGY

STRESS MANAGEMENT

Time Allotted: 2 Hours

Full Marks: 40

*The figures in the margin indicate full marks.
Candidates are required to answer in their own words as practicable.*

GROUP-A

Answer any two from the following

10×2 = 20

- | | | |
|----|--|-----|
| 1. | Define stress. Discuss its nature. | 4+6 |
| 2. | Explain the various sources of stress. | 10 |
| 3. | Elucidate on the effect of stress on health. | 10 |
| 4. | Describe in detail any two methods of managing stress. | 5+5 |

GROUP-B

Answer any three from the following

5×3 = 15

- | | | |
|----|---|---|
| 5. | State the symptoms of stress. | 5 |
| 6. | What are the environmental causes of stress? | 5 |
| 7. | Elaborate on the physiological sources of stress. | 5 |
| 8. | Write a short note on the effect of stress on the mind. | 5 |
| 9. | Explain relaxation techniques as a method of stress management. | 5 |

GROUP-C

Write short notes on any five from the following

1×5 = 5

- | | | |
|-----|---|---|
| 10. | Eustress | 1 |
| 11. | Social source of stress | 1 |
| 12. | Psychological source of stress | 1 |
| 13. | Mindfulness | 1 |
| 14. | Yoga | 1 |
| 15. | Problem focused approach of stress management | 1 |
| 16. | Emotion focused approach of stress management | 1 |
| 17. | Meditation. | 1 |

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